



# SEPTEMBER 2020 K-12 Lunch Menu

**ALL STUDENTS RECEIVE  
FREE BREAKFAST, LUNCH and  
SNACK..**

**BREAKFAST:**  
Breakfast will consist of a  
prepackaged food item along with  
fruit and milk.  
Breakfast is served from 7:30 a.m.  
to 7:50 a.m.

Cost for Teachers or visitors will  
be \$3.50 per meal. Please pay for  
your lunch prior to eating.

Monthly menus will available  
through MySchoolWorx. You will  
receive a text/email prior to the  
beginning of each month. Paper  
copies will be available at the  
Academy Desk

Menu subject to change based on  
availability.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	Beef Nachos with cheese Vegetables Fruit/Juice	Baked Zita Garlic Bread Vegetables Fruit/Juice	Chicken & Noodles Vegetables Fruit/Juice	Pizza Chips Vegetables Fruit/Juice
7	8	9	10	11
<b>NO SCHOOL LABOR DAY</b>	Cheese Quesadillas Mexican Rice Vegetable/Fruit	Mac N Cheese Vegetables Fruit/Juice	Chicken Nuggets French Fries Vegetables Fruit/Juice	Pizza Chips Vegetables Fruit/Juice
14	15	16	17	18
Chicken Patty on Bun/Fries Vegetables Fruit/Juice	Taco Lasagna Black Beans Vegetables Fruit/Juice	Goulash Garlic Bread Vegetables Fruit/Juice	BBQ Chicken Mash potatoes Vegetables Fruit/Juice	Pizza Chips Vegetables Fruit/Juice
21	22	23	24	25
Hamburger on bun/Tater Tots Vegetables Fruit/Juice	Beef Tacos Chips/Salsa Vegetables Fruit/Juice	Chicken/Alfredo Breadstick Vegetables Fruit/Juice	Chicken & Rice Vegetables Fruit/Juice	Pizza Chips Vegetables Fruit/Juice
28	29	30		
WG Corn Dog French Fries Vegetables Fruit/Juice	Taco Pizza Chips w/ Salsa Vegetables Fruit/Juice			

